



Volunteer Connection

"Don't follow your dreams, chase them"!

JANUARY 13, 2011

Christmas Gift-Wrapping Fundraiser

Roll up your sleeves and join your fellow colleagues, friends and our "youth" in supporting your Centre.

Saturday Dec. 4th – Friday Dec. 24th, 2010.

Location: next to Blacks and Customer Service (lower level).



You are warmly invited to join us in our efforts in raising funds for our Centre.

Seeking Volunteers for the following shifts:

Mondays – Fridays 10:00-1:30 / 1:30-4:30 / 4:30-9:00

Saturdays 10:00-2:00 / 2:00-6:00 / 6:00-9:30

Sundays 11:00-3:00 / 3:00-7:00

Orientation sessions will be held on Thursday 18 and 25 - 10:30-12 noon

Monday 22 and 29 - 10:30-12 noon.

Do you have children, grand-children, family members that are seeking to complete their "Youth Community Service hours" for High School? If so, lure them on board. Please see Karmela for more information.

Mark your calendars Friday December 3rd, 2010

Don't forget to join your friends for our upcoming Volunteer Potluck!!!!!!

Welcome on board!

We warmly thank and welcome our "new Volunteers" on board our caring and enthusiastic family of Volunteers. Welcome to:

Blaine (Computer Instructor), Eileen (Cafeteria), and to Christina, Lillian, Luthra & Sylvia (Travel Team). We trust that your journey with us will be very valuable and rewarding!!!

Volunteer Opportunity

Welcoming individuals to join our gifted Team of Volunteers. We are seeking enthusiastic, patient and skilled folks to join our Craft Group, Fundraising, Administration & Cafeteria Teams. Commitment - one day per week / approximately 4 hour shifts.

Get connected, be involved and make a difference!



A message from the Director of Volunteers

My sincere thanks to our volunteers for your commitment to our centre.

Wishing you all a Merry Christmas and a healthy, fulfilling New Year.

Warm Regards,
Jean Michaels



"The best way to find you, is to lose yourself in the service of others".

2011 memberships.
Where has the year gone?

Pick up your 2011 membership early.

Memberships go on sale Dec. 1st, 2010.

To our 'south-bound travellers'....

As you creep away and escape us all,
Keep us in mind and send us a call.
Take very good care and keep from the sun,
Ease up on the work and have lots of fun.



Telephone Reassurance Program

Make a difference today by reaching out and connecting with others. Share the great news about this confidential and supportive program run by our Volunteers. If you know of someone that would benefit from, or would like to in turn become a Telephone Reassurance Volunteer, please see Karmela or Lina today!!!
"It's in you to share".....

Placement Students

We are so very pleased to be given the opportunity to open our doors and welcome Larry (Humber College - Social Service Worker Program Student) and Juliet our Co-op Student. We thank them both for allowing us to mentor and guide them on their educational / professional journey.

Safety for Seniors

- If someone grabs your purse, do not resist.
- Use a 'buddy system' when going to the bank or shopping.
- Do not call a '900' number, it may not be toll free.
- Seniors are targeted for alleged 'good deals' on health or medical items. Take their information and ask your doctor for advice.
- Do not give your credit card number over the phone, unless you have initiated the call.
- If you have car trouble – stay with the car until help arrives; keep the doors locked and the windows closed.
- Cell phone –new name I.C.E. (In Case of Emergency), key in your next of kin phone number for easy contact to family by emergency services.

One check-mark a day

As you know we have check mark clipboards all over the Centre and you are likely wondering why.

Square One Older Adult Centre has been asked to provide a daily headcount to Ontario's Ministry of Health and Long Term Care as part of our reporting for our Elderly Persons Centre grant. No personal information is required – just check-in on the clipboard the first time you enter the Centre on any given day.

This important funding assists with the Centre's operation and maintenance costs. One check mark a day makes sure the Centre gets paid.

Your feedback is important to us

Volunteer Check-point Reviews

Many thanks to you all for sharing your thoughts and insights with us.

Please remember to visit Karmela to receive a form to complete. Your input and recommendations are important to us.